

NEW BEDFORD YACHT CLUB FOUNDATION

Sailing School

2018 NEW BEDFORD YACHT CLUB FOUNDATION
SAILING SCHOOL

66 YEARS

SPORTSMANSHIP ◦ FRIENDSHIP ◦ SEAMANSHIP



Sailing School Director

Michael J. Callahan

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June 18th - August 10th

The New Bedford Yacht Club Foundation Sailing School offers sixty-six years of excellence in sailing instruction. Our mission is to provide a safe, challenging and supportive environment for our Sailing School students. We offer a superior instructional program designed to foster seamanship, sportsmanship and a lifelong interest in sailing. The Sailing School will be administered by the New Bedford Yacht Club Foundation, which is a 501(c)3 non-profit devoted to the promotion and development of youth sailing activities. Michael Callahan, Head Sailing Coach at Georgetown University, joins us for his eighteenth year as Sailing School Director along with our senior sailing staff who are US Sailing Level-One Certified Instructors. With expert instruction for children ages 5 to 18, we offer an array of classes, state of the art equipment and flexible scheduling.

We invite you and your child to join us for a fun-filled and exciting summer at the New Bedford Yacht Club Foundation Sailing School.

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GENERAL INFORMATION



The NBYCF Sailing School is open to New Bedford Yacht Club members as well as non-members. Our NEW on-line application process is designed to help you make registering easy! After reviewing our program guide, please register your child at www.nbyc.com/sailing.

Tuition and On-line Application Information

The Sailing School is open to New Bedford Yacht Club members as well as to non-members. Members and their grandchildren will have priority for acceptance into the program. Non-member grandchildren of members will be charged at the non-member rate. Every effort will be made to accommodate all applicants. Tuition is prorated for affected classes for the July 4th holiday week and the week of August 3rd (BBR). The Program Guide and all information regarding the Sailing School Program can be found at our website at www.nbyc.com/sailing.

There will also be paper copies available in the NBYC office. Registration for the 2018 NBYC Foundation Sailing School will be available at our new on-line registration site only. Please call the NBYC office at 508-997-0762 for more information and assistance. We look forward to helping you!

Equipment Personal Flotation Devices (PFDs, life preservers) are required and must be U.S. Coast Guard approved. Closed-toe, rubber-soled, non-skid boating shoes or aqua socks are required. Tennis shoes or sneakers are a good alternative. Sunscreen, hat, water bottle, jacket, a whistle on a lanyard (string), sunglasses, towel and change of clothes are strongly recommended. Please make sure to write your child's name on all items.

Check In / Check Out There will be a daily check-in and check-out procedure for all students. It is necessary for parents to inform the Director of the mode of transportation that their child will be taking to and from the Sailing School. (i.e. walker, biker, parent pick-up). Students from Tiller Tots, Little Mariners, and Opti 1 Max will be dismissed from the Junior Room only when a parent or guardian is present.

Junior Championship Series Races for juniors are held in 420s and Optimists on Thursday afternoons from 4:30 to 6:30 pm during the junior sailing season. Pizza and soda are provided after the races.

NBJR NBYC will host its own Junior Regatta at the Club on July 7th & 8th. Students in Opti Green Fleet, Opti Race, 420 Race and Lasers are encouraged to participate. 420 LTS/LTR sailors may also participate with permission from the Director.



Junior Membership NBYC Junior Membership for children ages 12 to 25 years is highly recommended and allows students to attend the program at the lower member rate. Junior Members may also use Club facilities outside of the sailing program hours of operation and attend other Club activities. Contact the Club office for more information.



Parent Handbook An informational guide to NBYCF Sailing School, our program and policies will be available online and in the Sailing School Office.

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2018 NBYCF Sailing School PROGRAM HIGHLIGHTS

DISCOUNTED ALL DAY OPTION FOR TILLER TOTS, LITTLE MARINERS, OPTI 1 MAX AND OPTI 2 MAX!

CAN'T GET ENOUGH SAILING SCHOOL?

Have your child spend the whole day with us at a discounted rate!

When you sign up for Tiller Tots, Little Mariners, Opti 1 Max or Opti 2 Max classes, we will discount your full session of Extended Day! Your child's packed lunch is supervised by our expert Sailing School Staff and students enjoy an afternoon of fun and adventure on and off the water after their morning classes. See our tuition chart for pricing details.

New! LITTLE MARINERS IS NOW 5 MORNINGS A WEEK! Your child will enjoy one more day each week (Fridays).

READY FOR SOME REAL EXCITEMENT AND FUN ON THE WATER? SIGN UP FOR THE OPEN BIC GENERATION!

Sign up for this class to sail in these super fun and fast dinghies designed for young sailors. These safe, self-bailing boats are made for pure excitement and fast sailing! Grab some friends and sign up! See the Program description for prerequisites and details. Back this year by popular demand!

DESIGN YOUR OWN ADVENTURE!

Let's mix it up! This option is for students who are short on time but want a more 'custom' sailing experience. Choose several classes and one or two weeks that interest your child and we will help you to schedule a week or two of fun in all of them. Choose from the following classes: Opti 1 Max, Opti 2 Max, Opti 3 Max, 420 LTS/LTR, Lasers, Sailing Adventures or Sailing Adventures Max. Sailing experience and age will be factors in determining the appropriateness of program choices and will be reviewed by the Director. Prorated tuition will be determined. For more information on how to register on-line for this custom option, email sailingschool@nbyc.com or call the NBYC office at 508-997-0762.

LASERS!

This class is designed for racers and non-racers alike! NBYC has a limited number of lasers and rigs for use or sailors may bring their own.

WINDSURFERS, KAYAKS & PADDLEBOARDS!

Windsurfers, kayaks and paddleboards will continue to be part of most Sailing School classes. (with the exception of Tiller Tots and Little Mariners)

SAILING ADVENTURES MAX PROGRAM Sailing School offers a unique Sailing Adventures Max class geared towards the younger sailor.

OPTI RACE AND 420 RACE OFFERED IN 2 FOUR-WEEK SESSIONS

Racers may sign up for one session or the full summer. Call the NBYC Office for more details. Discounts available for non-member High School Sailing Team members!



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2018 NBYCF Sailing School Class Descriptions

EXTENDED DAY

The Sailing School offers a daily Extended Day afternoon program for ages 5-10. Students who are signed up for morning classes can add the Extended Day program by signing up in advance or by request that day with the Director, space permitting. Extended Day will be a fun activities based program. Depending on the number of sailors and weather, the class may stay on shore and build model boats, learn how to tie knots, watch movies or go sailing, windsurfing, kayaking, or paddle boarding. Extended Day is intended to give Sailing School parents the option of having their children remain at NBYC for the full day.

Back this year! Sign up for Tiller Tots, Little Mariners, Opti 1 Max or Opti 2 Max and receive a discount on a full session of Extended Day. See the 2018 Tuition Chart for our “**Extended Day**” pricing option for each class.

Extended Day will have a supervised lunch hour from 12:00-1:00pm and run daily from 1:00-4:30pm.

Space is limited!

Sign up ahead and save!

TILLER TOTS

Now in its eighth year, Tiller Tots is our popular summer camp-style introduction to sailing. It is available to children who are five or six years old. The program will include a series of friendly and fun on-the-water and on-shore activities designed to introduce kids to the sport of sailing. The program will be supervised by a lead teacher with the assistance of Jr. Sailing Instructors to ensure the highest level of safety and fun. Parents are welcome to join the class for a group lunch at 12:00 p.m. each day on the Club lawn. A mid-morning snack will be provided by the Club, but children are required to bring their own lunch, lifejacket and sunscreen.

Sign up for one or multiple weeks!

“Tiller Tots- with Extended Day” Option– enjoy Tiller Tots in the morning and stay for more fun and adventure in our Extended Day program for the full week at a **discounted rate!** See the 2018 Tuition Chart for pricing details.

Five mornings a week from 9:00am-12:30pm in 7 one-week sessions.

(June 25th-June 29th, July 2nd-July 6th, July 9th-13th, July 16th-July 20th, July 23rd-July 27th, July 30th-August 2nd, August 6th-August 10th)

LITTLE MARINERS NEW! NOW FIVE MORNINGS A WEEK!

With a camp-style schedule, this class will introduce first-time sailors to the joy of sailing in a fun and safe environment. It is available to children who have completed the first grade and/or are 7 years old or at the discretion of the Director. Students sail in Sonars (keelboats) which safely hold three or more students and one instructor.

Sign up for one or multiple weeks!

“Little Mariners-with Extended Day Option” - enjoy Little Mariners in the morning and stay for more fun and adventure in our Extended Day program for the full week at a **discounted rate!** See the 2018 Tuition Chart for pricing details.

Five mornings a week from Monday through Friday 8:30am-12:00pm in 7 one-week sessions.

(June 25th-June 29th, July 2nd-July 6th, July 9th-13th, July 16th-20th, July 23rd-July 27th, July 30th-August 2nd, August 6th-August 10th)

OPTI 1 MAX

Sailors interested in a camp-like schedule can take Opti 1 Max five mornings a week in two-week sessions.

This class is designed to introduce young sailors to the Optimist. It is available to children who are new to the program or who have either successfully completed Little Mariners or are at least 8 years old or at the discretion of the Director. Knowledge of the boat, rigging, basic sailing, water safety and confidence in handling all points of sailing are emphasized.

Sign up for one, two, three or all four sessions!

“Opti 1 Max –with Extended Day Option ”. Enjoy Opti 1 Max in the morning and stay for more fun and adventure in our Extended Day program for a full session at a **discounted rate!** See the 2018 Tuition Chart for pricing details.

Five mornings a week from 8:30am-12:00pm in 4 two-week sessions.

(June 18th-June 29th, July 2nd-July 13th, July 16th-July 27th, July 30th-August 10th)

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OPTI 2 MAX

Sailors interested in a camp-like schedule can take Opti 2 Max five mornings a week in two-week sessions. This class is designed for sailors who have successfully completed the Opti 1 Max class. This class will move quickly through the curriculum with a concentration on upwind sailing and will introduce the basics of racing an Optimist. Participants in this class may, with permission from the Director, race in the Junior Championship Series Thursday evenings from 4:30-6:30 pm if desired.

“Opti 2 Max-Extended Day” option. Enjoy Opti 2 Max in the morning and stay for more fun and adventure in our Extended Day Program for a full session at a **discounted rate**. See the 2018 Tuition Chart for pricing details.

Five mornings a week from 8:30am-12:00pm in 4 two-week sessions.

(June 18th-June 29th, July 2nd-July 13th, July 16th-July 27th, July 30th-August 10th)

OPTI 3 MAX

Opti 3 Max is designed for sailors who have successfully completed the Opti 2 Max class. The curriculum will involve more advanced topics such as sail trim and weight placement with a concentration on solo sailing and an introduction to beginner racing. Participants in this class may, with permission from the Director, race in the Junior Championship Series on Thursday evenings from 4:30 to 6:30 pm if desired.

Five mornings a week from 8:30am-12:00pm in 2 two-week sessions.

(July 16th-July 27th and July 30th-August 10th)

OPTI GREEN FLEET (Formerly Opti 3/LTR)

This class will prepare sailors for racing the Optimist Sailboat. Sailors will learn the basics of sailboat racing, from racing rules to basic racing procedures. Sailors will be encouraged to participate in the Optimist Green Fleet (beginner level racing) at local regattas throughout the summer. Participants in this class will be encouraged to participate in the Junior Championship Series on Thursday evenings from 4:30 to 6:30 pm.

Mon, Tues, and Thurs afternoons from 1:00-4:30pm in 2 four-week sessions.

(June 18th-July 13th and July 16th-August 9th)

OPTI RACE

Opti Race is for sailors who have successfully completed the **Opti Green Fleet** class and wish to learn more advanced racing skills through drills and actual racing in a single-handed Optimist.

As representatives of NBYCF, the Opti Race team will compete in local and regional regattas.

Students may elect to take Opti Race and 420 LTS/LTR concurrently.

Opti Race is offered in 2 four-week sessions.

Mon, Tues, Wed afternoons from 1:00-4:30pm and Thurs from 1:00-6:30pm for the Junior Championship Series.

(June 18th-July 13th and July 16th--August 9th)



420 LEARN TO SAIL/LEARN TO RACE

420 LTS/LTR is for sailors who have successfully completed the Opti 3 Max class or Opti Green Fleet or who have equivalent sailing qualifications (student weight is also taken into consideration). The class is designed to teach young sailors how to sail a two-person 420, including how to roll tack, keep the boat flat and how to right the boat after capsizing. Recognizing that some sailors in this class will have already learned a great deal about racing, the curriculum will allow those sailors to focus on advanced 420 boat handling and boat speed as well as tactics. Sailors will have a chance to skipper and crew and will use the trapeze and spinnaker.

Students may elect to take 420 LTS/LTR and Opti Race concurrently.

Mon, Wed and Fri mornings from 8:30am-12:00pm in 2 four-week sessions.

(June 18th-July 13th & July 16th-August 10th)

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420 RACE

420 Race is intended for experienced 420 sailors who have successfully completed 420 LTS/LTR or who have equivalent sailing qualifications. The curriculum includes sail trim for speed, boat maintenance, racing rules and tactics, sportsmanship, regatta preparation and team racing with area clubs.

As representatives of NBYCF, the 420 Race team will compete in local and regional regattas.

420 Race is offered in 2 four-week sessions.

Mon, Tues, Wed and Thurs afternoons from 1:00-4:30pm.

(June 18th-July 13th and July 16th-August 9th)

SAILING ADVENTURES MAX

Sailing Adventures Max is designed for sailors of all ability levels. This class is geared towards the younger sailor who is at least 10 years old. Classes will be dedicated to learning and mastering the basics of sailing in Rhodes 19s, Optis and 420s. Special emphasis will be placed on making sailors comfortable with all aspects of sailing including driving and crewing. Instruction in windsurfing, kayaking, paddle boarding and sailing an Open Bic will be a fun addition to this curriculum!

Mon through Fri afternoons from 1:00-4:30pm in 8 one-week sessions.

(June 18th-June 22nd, June 25th-June 29th, July 2nd-July 6th, July 9th-July 13th, July 16th-July 20th, July 23rd-July 27th, July 30th- August 2nd and August 6th-August 10th)

LASERS

This class is intended for racers and non-racers alike. Lasers is designed for sailors who are at least 10 years old and have sailing experience in Optis or 420s or other equivalent sailing background. Students may sail 4.7s, radials or full rigs depending upon their size and ability level. The curriculum for this class includes learning how to rig, sail and race lasers. Special emphasis will be put on learning sail controls and upwind and downwind sailing techniques.

Sailors from this class can choose to race in local regattas.

NBYC has a limited number of lasers and rigs for use, or sailors may bring their own.

Tues and Thurs mornings from 8:30am- 12:00pm and Fri afternoons from 1:00- 4:30pm in 4 two- week sessions.

(June 18th-June 22nd, July 2nd-July 6th, July 16th-July 20th, July 30th-August 2nd, August 6th-August 10th)



Back again this year! OPEN BIC GENERATION!

Sign up for this popular class to sail in these super fun and fast dinghies designed for young sailors. These safe, self-bailing boats are made for pure excitement and fast sailing! Sailors will build on skills learned in previous classes. Students should have successfully completed Opti 2 Max and be comfortable with using a tiller extension and sailing all points of sail in varying wind conditions.

Tues and Thurs mornings from 8:30am-12:00pm and Fri afternoon from 1:00-4:30pm in 4 two-week sessions.

June 18th-June 29th, July 2nd-July 13th, July 16th-July 27th, July 30th-August 10th