

New Bedford Yacht Club
LADIES AT THE HELM
NOTICE OF RACE
Wednesday, July 24, 2019

1.0 GENERAL

- 1.1 Races will be run for PHRF Race and Cruise classes, Etchells and Rhodes 19s.
- 1.2 **This race will be scored as part of the Wednesday Night Sunset Series.**

2.0 RULES

- 2.1 All races will be governed by the current Racing Rules of Sailing.
- 2.2 There must be a female at the helm from the warning signal until the boat finishes the race.
- 2.3 All vessels must carry VHF radios

3.0 SCHEDULE

- 3.1 The warning signal for the first class will be at 1800.

4.0 CLASSES

CLASS I	Etchells
CLASS II	PHRF Race
CLASS III	PHRF Cruise
CLASS IV	Rhodes 19

5.0 ELIGIBILITY

- 5.1 Members and non-members are eligible to compete in Ladies at the Helm.
- 5.2 Handicap skippers must have a current PHRF-NE rating certificate.
- 5.3 Membership in US Sailing is strongly encouraged.

6.0 ENTRIES

- 6.1 The entry fee is \$30 for NBYC members and \$40 for non-members. Entry forms are available at the NBYC office and on the NBYC website. Entries must be received by Wednesday, July 24, 2019 at 1700 hours.

7.0 SAILING INSTRUCTIONS

- 7.1 The Sailing Instructions are available at the NBYC office and on the NBYC website.

8.0 TROPHIES

- 8.1 First, second and third place keeper trophies will be awarded for each class at the post-race get together in the Dining Room. The winner in each class will be awarded a trophy at the Annual Awards Dinner on Friday, October 18, 2019.

9.0 CREW

- 9.1 Anyone interested in crewing and any skipper looking for crew should go to the NBYC website and fill out the form either looking for crew or looking to race. That list will be visible for skippers and crew to find each other.

10.0 SOCIAL EVENTS

- 10.1 A "POST-RACE-GET-TOGETHER" open to all members and racers with a buffet meal in the Galley. Families are encouraged to join the racers for this event. Weekly awards will be presented at this time.