

# **SAILING INSTRUCTIONS**

## **For**

### **SUNSET SERIES AND LADIES NIGHT RACING**

**GENERAL:** Sunset Series races are held each Wednesday evening in June, July, August and September. Families are encouraged to participate and to join in the post-race social activities at the Clubhouse. Wednesday night races will be held from the first Wednesday in June through the third Wednesday in September. The racing is to include social activities and awards after each race. Each month's racing will constitute a separate series and will include four or five races as determined by the calendar. When four races have been held in the series, a boat's series score will be the total of her race scores excluding her worst score. If it is required, to make a minimum three race series, make up races may be held on the following Saturday (start sequence commencing at 1050 hours).

**ELIGIBILITY:** Members and non-members are eligible to compete in Sunset Series racing events. PHRF competitors must have a current PHRF-NE certificate and must be a member of US Sailing. Competitors must complete a registration form for the first race of the Sunset Series by 5:00pm on the preceding Monday. Registrations for other Sunset Series races must be made by 4:00pm on the first race date for each succeeding series.

**RULES:** All races will be governed by the Racing Rules of Sailing 2009-2012.

**NOTICES:** Notices to competitors will be posted on the Race Committee bulletin board located near the Commodores' parking area. Any changes to the Sailing Instructions will be posted by 1600 hours EDT. Racing may be canceled due to bad weather. The RC will endeavor to decide no later than 1500 hours EDT whether to run a scheduled race. All competitors are encouraged to contact the NBYC to learn the status of the day's race. Signal flags will also be hoisted on the Club flagpole indicating postponement or abandonment of the days racing.

**SCHEDULE OF RACES:** Warning gun for the first class in June, July and August will be at 1800 hours EDT. Warning gun in September will be at 1730 hours EDT.

**CLASSES:**

- CLASS I** Etchells 22 - Class flag is E22
- CLASS II** PHRF Spinnaker - Class flag is Green with II
- CLASS III** PHRF Non-spinnaker - Class flag is Plum colored with III
- CLASS IIIA** PHRF Non-spinnaker - Class flag is White with blue III A
- CLASS IIIB** PHRF Non-spinnaker - Class flag is Blue with white III B
- CLASS IV** Rhodes 19 - Class flag is R19

***NOTE: Class III may be split into A and B at the discretion of the Race Committee depending on the number of registered entrants. The rating break will be around 150. Other factors such as on-the-water performance may also be considered. Check your scratch sheet available at the club office.***

***For Class III, IIIA and IIIB, a 10 second/mile penalty will be assessed to all participants using sails constructed of materials other than Nylon, Dacron or Pentex. This is in addition to the PHRF ten second penalty described below.***

**RACING AREA:** Racing will take place south of the Padanaram breakwater. The starting area will generally be in the vicinity of mark Δ.

**COURSES:** Courses will be designated by letters or symbols displayed on the Race Committee boat course board. Each course will be posted to the right of the class designation. The RC may change any course prior to the warning signal. If the Race Committee hoists code flag “L”, it means come within hail and/or turn your VHF radio on and stand by for an announcement. It is the responsibility of each yacht to note the course posted at the time of its warning signal. Course circulars are available at the Club office.

**MARKS:** Marks shall consist of NBYC race marks and government marks as listed in the NBYC course sheet. All marks shall be rounded on the side farthest from the next mark except all 180° roundings shall be made leaving the mark to port. *In rare cases, due to the requirement of running several classes around different courses, the RC may direct a class to round a mark a certain way. The RC will hoist Flag L and announce any changes over VHF radio Ch. 68.*

**STARTING:** Races shall be started by using Rule 26. Signals will be made as follows:

<u>Signal</u>	<u>Flag and sound</u>	<u>Minutes before starting signal</u>
Warning	Class flag; 1 gun	5
Preparatory	P flag; 1 gun	4
One-minute	Preparatory flag removed; 1 horn	1
Starting	Class flag removed; 1 gun	0

If Class III is not split, classes will be started in this order:

Class I Etchells  
Class II PHRF Spinnaker  
Class III PHRF Non-spinnaker  
Class IV Rhodes 19

If Class III is split, classes will be started in this order:

Class I Etchells 22  
Class II PHRF Spinnaker and Class III A PHRF Non-spinnaker  
Class III B PHRF Non-spinnaker  
Class IV Rhodes 19

While it is the intention of the RC to start all classes five minutes apart (that is, the Warning for the next class will be the Start of the preceding class) this may not always happen. All Skippers must observe the hoisting of their class flag to learn the start of their starting sequence. The starting line will be between a staff on the committee boat displaying an orange flag and the starting mark.

**The Race Committee draws your attention to Rule 22.1 and asks that all yachts not in a starting sequence stay clear of starting area and all yachts that are in starting sequence.**

**FINISH:** The Finish will be between a staff on the committee boat displaying an orange flag and the last mark of the course.

**TIME LIMIT:** For all classes, the first boat must finish by 15 minutes after sunset on the day of the race or the race will be abandoned. All remaining boats must finish within 30 minutes of the first boat in its class.

**SCORING:** The Low Point Scoring System of Appendix A will apply. When four races have been held in the series, a boat's series score will be the total of her race scores excluding her worst score. In the PHRF class, if you switch Classes during a series you will be scored in both classes and receive a DNC score (number of competitors plus one) for each race you don't start. Example 1: If you race two races and finish second and third, you will have 5 points; if you change classes, then your third score will be a DNC in your original class and shall be scored as the number of boats registered for the series plus one. If ten boats are registered for the series, then your third score will be  $10 + 1 = 11$  points. Adding these 11 points to the score for the two races you participated in, your score will be 16 points for the series. Example 2: If you race all four races in a series, but have raced two races in the "Spinnaker" class and two races in the "Non-spinnaker" class. You will have a series score in the "Spinnaker" class of your two finish positions plus a DNC, and you will have a series score in the "Non-spinnaker" class of your two finish positions plus a DNC.

**PHRF ten second penalty:** also considered a "10 second challenge" - The class winner on a given night will be assessed a 10-second penalty for subsequent races in a monthly series (rating minus 10 seconds). If a boat is assessed a second time in a series, the formula would then be rating minus 20 seconds. A boat will not be assessed more than 20 seconds (rating minus 20 seconds) in a single month-long series. The "challenge" or "penalty" shall not carry over from one monthly series to another.

**PROTESTS:** All protests must be submitted one hour after committee boat has returned to the NBYC dock. Protests will be heard on the Sunday following the race at 1700 hours.

**LEAVING THE RACE COURSE/EMERGENCY:** Any participant of a NBYC sponsored race, which leaves the race course after starting a race, must notify the Race Committee as soon as possible:

- NBYC Race Committee monitors VHF Channel 68
- NBYC Office monitors VHF Channel 68; Phone (508) 997-0762
- Dartmouth Harbormaster monitors VHF Channel 9; Phone (508) 999-0759
- St. Luke's Hospital; Phone (508) 997-1515